

Proud member of



INDEPENDENT CHOICE

August 2020

Pull up a chair. Take a taste. Come join us. Life is so endlessly delicious.
- Ruth Reichl



Nutiva
Organic Coconut Manna

\$6⁹⁹

15 oz



Simple Mills
Crunchy Almond Flour Cookies

\$3⁴⁹

5.5 oz



Once Again Nut Butter
Organic Tahini

\$5⁹⁹

16 oz



One Degree Organics
Organic Sprouted Cereal
(selected varieties)

\$4⁴⁹

8-12 oz



GoMacro
Organic MacroBar

2/\$4

2-2.4 oz



GT's
Organic Enlightened Kombucha

2/\$5

16 oz



Honest Tea
Organic Iced Tea

4/\$5

16 oz



Organic Valley
Organic Mozzarella Stringles

\$3⁷⁹

6 oz



Siete
Grain Free Tortillas

\$6⁴⁹

8 ct



Amy's
Burrito
(selected varieties)

2/\$5

5.5-6 oz



Late July
Organic Crackers

\$2⁷⁹

5 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of August.

Lotus Foods
Rice Ramen

2/\$3

2.8 oz



Near East
Couscous
(selected varieties)

\$1.79

5.4-10 oz



Annie's
Mac & Cheese
(selected varieties)

5/\$5

5.25-6 oz



Daiya
Deluxe
Cheezy Mac



\$3.29

10.6-10.9 oz

Santa Cruz Organic
Organic Apple Sauce Cups



\$3.29

6-4 oz

Peter Rabbit Organics
Organic Baby
Food Pouch
(selected varieties)

2/\$3

4-4.4 oz



EPIC
Meat Bar



2/\$4

1.3-1.5 oz

Bobo's
Oat Bar
(selected varieties)



2/\$4

3 oz

Clif Bar
Energy Bar
(selected varieties)

5/\$5

2.4 oz



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MADEGOOD®

Trust in something good.

Hungry minds run on healthy snacks

Children love to learn. When their bellies are full their minds open up. MadeGood Granola Bars are packed with simple, organic ingredients. The good stuff to fuel their studies and keep kids focused on changing the world.



MadeGood Organic Granola Bars (selected varieties)

\$3⁴⁹

6 ct



Enjoy Life Foods Soft Baked Cookies

\$3⁴⁹

6 oz



Annie's Organic Bunny Fruit Snacks (selected varieties)

2/\$5

4 oz



Annie's Organic Bunny Crackers (selected varieties)

2/\$5

7.5 oz



Good Health Olive Oil Potato Chips

\$2¹⁹

5 oz



gimMe Organic Organic Seaweed Snack

2/\$3

.35 oz



Peeled Snacks Organic Baked Pea Crisps

2/\$4

3.3 oz



Late July Organic Multigrain Tortilla Chips

2/\$5

5.5-6 oz



Beanitos Bean Chips (selected varieties)

2/\$5

4.5-5 oz



Purely Elizabeth Granola

\$4⁷⁹

12 oz



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Barbara's
Puffins Cereal

\$3²⁹
10-11 oz



Cascadian Farm Organic
Organic Cereal
(selected varieties)

2/\$6
8.6-14.6 oz



Arrowhead Mills
Pancake &
Waffle Mix
(selected varieties)

\$3⁷⁹
26 oz



Coombs Family Farms
Organic Grade A Dark
Robust Maple Syrup

\$8⁴⁹
12 oz



Birch Benders
Keto Pancakes
& Waffle Mix

\$5²⁹
10 oz



Justin's
Organic Nut
Butter Cups

2/\$3
1.32-1.4 oz



Crofter's Organic
Organic Premium
Spread
(selected varieties)

\$3⁴⁹
16.5 oz



SweetLeaf
Sweet Drops
(selected varieties)

\$5⁷⁹
2 oz



Organic Valley
Organic Ghee

\$8⁴⁹
7.5 oz



USE IT TO MAKE



SNACKS

BREAKFAST

FRIENDS

Justin's

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Lakewood
Organic Pure
Aloe Juice

\$4⁹⁹

32 oz



Topo Chico
Sparkling Mineral
Water

89¢

12 oz



Vita Coco
Coconut Water

2/\$6

1 lt



Ripple Foods
Plant-Based Milk
(selected varieties)

\$3²⁹

48 oz



Califia Farms
Plant Milk
(selected varieties)

\$4²⁹

48 oz



So Delicious
Coconutmilk Yogurt
Alternative
(selected varieties)

2/\$3

5.3 oz



Organic Valley
Organic Half & Half
(selected varieties)

\$3⁹⁹

32 oz



The Greek Gods
Greek Style Yogurt
(selected varieties)

\$2⁹⁹

24 oz



Perfect Bar
Protein Bar

2/\$4

2.2-2.5 oz



Quorn
Meat Alternative
(selected varieties)

\$3⁴⁹

7.05-12 oz



Udi's Gluten Free
Gluten Free Bread

\$4²⁹

12-14.3 oz



So Delicious
Coconutmilk
Frozen Dessert
(selected varieties)

\$4⁷⁹

1 pt



NeoCell
Super Collagen

\$12⁷⁹

7 oz



Vibrant Health
Green Vibrance

\$41⁹⁹

11.92 oz



Garden of Life
mykind Organics
B-12 Organic Spray

\$13⁹⁹

2 oz



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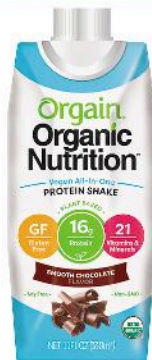
Orgain. Snack time. Meal time. Anytime.

Smooth and deliciously clean nutrition shakes packed with 16g of protein and 21 vitamins & minerals.



**Orgain
Organic Vegan
Nutritional Shake**

\$2²⁹
11 oz



**Charlotte's Web
Hemp
Extract-Infused
Gummies**

\$35⁹⁹
60 ct



**Natural Factors
Stress-Relax®
Tranquil Sleep
Chewable**

\$21⁹⁹
60 tab



**Nordic Naturals
Nordic Berries**

\$18⁹⁹
120 ct



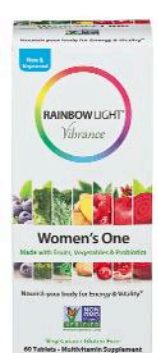
**Natural Factors
CurcuminRich®
Theracurmin®
30 mg**

\$18⁹⁹
60 vcap



**Rainbow Light
Vibrance
Women's One**

\$15⁴⁹
60 tab



**ChildLife Essentials
Multi Vitamin
& Mineral**

\$10⁴⁹
8 oz



**Boiron
Camilia
Liquid Doses**

\$9⁹⁹
30 ct



**Natural Vitality
Natural Calm
(selected varieties)**

\$12⁹⁹
8 oz



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Renew Life
Ultimate Flora
Women's Care
Probiotic 90 Billion



\$37⁹⁹

30 ct

Dr. Bronner's
All-One Toothpaste



\$4⁴⁹

5 oz

Tom's of Maine
Toothpaste
(selected varieties)



\$4⁹⁹

4-4.5 oz

Mrs. Meyer's Clean Day
Liquid Hand Soap
(selected varieties)



\$3⁷⁹

12.5 oz

Immune Boosting Shot

What you'll need:

- 1 navel orange
- 1 inch piece of fresh ginger
- 1 inch piece of fresh turmeric root
- 1 pinch of black pepper
- 1 T honey

Peel oranges, ginger and turmeric. Add all ingredients to blender and blend until pureed. Enjoy!

Mineral Fusion
Volumizing Mascara



\$12⁴⁹

0.57 oz

Thayers
Witch Hazel
Facial Toner



\$6⁹⁹

12 oz

Andalou Naturals
1000 Roses
Cleansing Foam



\$8⁹⁹

5.5 oz

Desert Essence
100% Australian
Tea Tree Oil



\$7⁷⁹

1 oz

ECOS
Dishmate Dish Soap



\$2⁷⁹

25 oz

Seventh Generation
Liquid Laundry
Detergent
(selected varieties)



\$10⁹⁹

100 oz

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We are part of Independent Natural Food Retailers Association (INFRA), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Independent Choice specials are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.net

FLORIDA

Abby's Health & Nutrition
Date & Thyme
Debbie's Health Foods
Get Healthy
Grassroots Natural Market
Nassau Health Foods
Native Sun
Natural Foods Market
Nature's Food Patch
Nutrition Smart
Nutrition World
Peggy's Natural Food Market
Wright's Natural Market

GEORGIA

Brighter Day Natural Foods
Farmer's Natural Foods
Nature's Corner Market
Nature's Pick Market
Nuts 'n Berries Healthy Market
Westview Corner Grocery

NORTH CAROLINA

Apple Crate Natural Market
Food Matters Market
Harmony Farms Natural Foods
Living Well Down East
Lovey's Market
Nature's Own

Organic Marketplace

West Village Market & Deli

SOUTH CAROLINA

14 Carrot Whole Foods
Bay Naturals
Belue Farms
Natural Foods Market
Bert's Market

Rosewood Market & Deli

TENNESSEE

Grubb's Grocery
The Turnip Truck
Natural Market

