

Proud member of



INDEPENDENT CHOICE

June 2021

"In early June the world of leaf and blade and flowers explodes, and every sunset is different."
- John Steinbeck



C2O
Coconut Water
(selected varieties)

2/\$3

17.5 oz



Manitoba Harvest
Organic Hemp Hearts

\$9²⁹

12 oz



GT's
Organic Synergy
Kombucha
(selected varieties)

2/\$5

16 oz



Once Again Nut Butter
Organic Tahini

\$6⁹⁹

16 oz



Redwood Hill Farm
Plain Goat Milk Kefir

\$4⁹⁹

32 oz



Good Health
Avocado Oil
Potato Chips

\$2²⁹

5 oz



Annie's
Organic Fruit Snacks
(selected varieties)

2/\$5

4 oz



Lundberg Family Farms
Organic Rice Cakes
(selected varieties)

\$2⁹⁹

8.5-10 oz



Tofurky
Plant-Based Original Sausage

\$4⁴⁹

14 oz



Hilary's
Organic Veggie Burgers

\$2⁷⁹

6.4 oz



Violife
Vegan Cheese
(selected varieties)

\$3⁴⁹

7.05-8 oz



2Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of June.

**Muir Glen
Organic Pasta Sauce**
(selected varieties)



2/\$6

25.5 oz

**Annie's
Organic Mac & Cheese**
(selected varieties)



2/\$4

6 oz

**NUCO
Organic Coconut Wraps**



\$5²⁹

2.47 oz

**Annie's
Organic Crackers**
(selected varieties)



2/\$6

7.5 oz

**Barnana
Organic Plantain Chips**
(selected varieties)



\$3²⁹

5 oz

**Stretch Island
Fruit Leather**



2/\$1

0.5 oz

**Cascadian Farm Organic
Organic Cereal**
(selected varieties)



2/\$6

8.6-14.6 oz

**MadeGood
Organic Granola Bars**
(selected varieties)



\$3²⁹

6 ct

**EPIC
Meat Bar**
(selected varieties)



\$1⁵⁹

1.3-1.5 oz

nutiva®

Get the highest quality. Give farmers a higher quality of life. At Nutiva, we believe a bright future for all is rooted in healthy food and we work actively to support the people and ecosystems that grow it.



\$7⁹⁹

15 oz

**Nutiva
Organic Coconut Manna**



\$9⁴⁹

23 oz

**Nutiva
Organic Virgin Coconut Oil**

**Café Altura
Organic Freeze Dried
Instant Coffee**



\$7²⁹

3.53 oz

**Eternal
Naturally Alkaline
Spring Water**



2/\$3

1 lt

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R.W. Knudsen
Simply Nutritious



\$2⁷⁹
32 oz

KeVita
Organic Sparkling
Probiotic Drink



2/\$5
15.2 oz

Koia
Plant-Based Protein
Shake



\$2⁹⁹
12 oz

Mixed Berry Yogurt Parfait

1 c unsweetened Greek yogurt 2 T granola
¼ c fresh blueberries 1 tsp honey
¼ c fresh raspberries

1. Whisk together yogurt and honey in a small bowl.
2. Place half of the yogurt mixture in the bottom of a small mason jar.
3. Sprinkle in half of the granola and fresh berries on top of the yogurt mixture.
4. Layer the rest of the yogurt mixture on top of the granola and berries.
5. Sprinkle the rest of the granola and fresh berries on top.
6. Seal mason jar and store in fridge until ready to serve.

Kite Hill
Cream Cheese Alternative
(selected varieties)



\$5⁴⁹
8 oz

Miyoko's Creamery
Organic Vegan Cheese Wheel
(selected varieties)



\$6⁴⁹
6.5 oz

daiya

At Daiya, we're committed to making sure everyone can eat freely. No matter how you eat, we have a variety of plant-based, dairy-free, allergen-free food and ingredients for you to delight in.



Daiya
Dairy-Free Slices

\$3²⁹
7.8 oz



Daiya
Deluxe Cheezy Mac

\$3²⁹
10.6-10.9 oz

Vital Farms
Pasture-Raised Butter



\$2⁷⁹
8 oz

So Delicious
Coconutmilk Frozen Dessert
(selected varieties)



\$4⁷⁹
16 oz

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At Organic Valley, kindness plus fresh grass and plenty of time outside equals happy and healthy cows. We salute the farmers who care for them, not only during June Dairy Month but every month. Together they help make our organic products so delicious.



Organic Valley Organic Raw Sharp Cheddar Cheese
\$4⁷⁹
 8 oz



Organic Valley Organic Milk (selected varieties)
\$4⁴⁹
 64 oz



Organic Valley Organic Mozzarella Stringles
\$3⁹⁹
 6 oz

Sunshine Plant-Based Foods Organic Garden Herb Plant Burgers



\$4⁴⁹
 8 oz

Vega Sport Premium Protein



\$37⁹⁹
 28.3-29.5 oz

Garden of Life Dr. Formulated CBD+ Sleep Liquid Drops



\$29⁹⁹
 1 fl oz

Renew Life 3-Day Cleanse



\$5⁹⁹
 12 ct

MegaFood Zinc



\$14⁹⁹
 60 tab

Natural Factors Stress-Relax® Tranquil Sleep Chewable



\$22⁴⁹
 60 tab

Natural Factors CurcuminRich® Theracurmin® 30 mg



\$19⁴⁹
 60 vcap

CV Sciences +PlusCBD Extra Strength Formula CBD Balm



\$22⁴⁹
 1.3 oz

Andalou Naturals Body Butter (selected varieties)



\$9⁷⁹
 8 oz

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Sukin
Moisture Restoring
Night Cream

\$10⁴⁹

4.06 oz



Every Man Jack
Deodorant
(selected varieties)

\$5²⁹

3.0 oz



Avalon Organics
Shampoo or Conditioner
(selected varieties)

\$7⁴⁹

11 oz



ECOS
Dishmate Dish Soap

\$2⁷⁹

25 oz



Seventh Generation
Liquid Laundry Detergent
(selected varieties)

\$10⁹⁹

95-100 oz



Ecover
Dishwasher Tablets

\$4⁴⁹

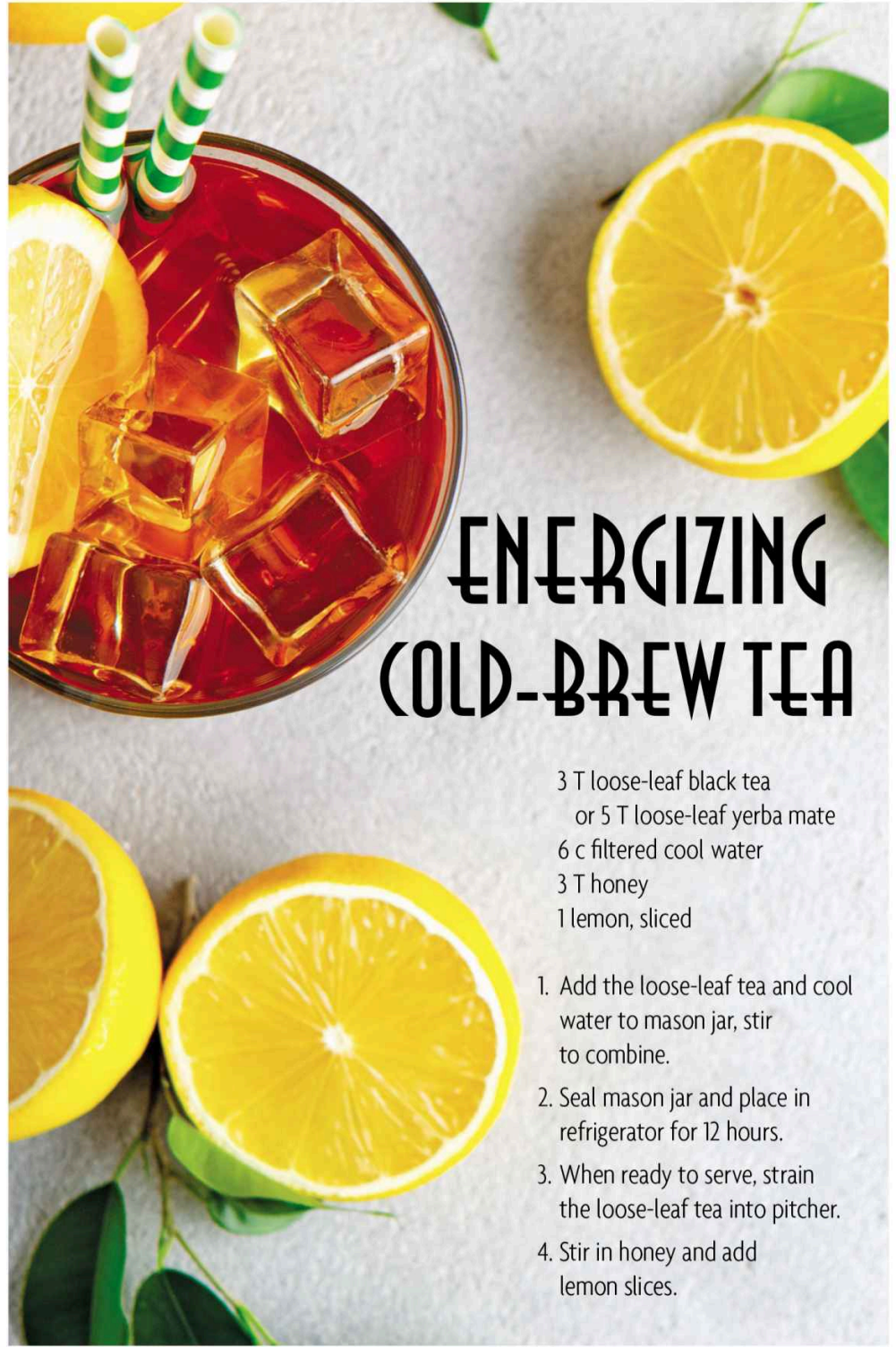
25 ct



World Centric
9 inch Compostable Plates

\$3²⁹

20 ct



ENERGIZING COLD-BREW TEA

3 T loose-leaf black tea
or 5 T loose-leaf yerba mate
6 c filtered cool water
3 T honey
1 lemon, sliced

1. Add the loose-leaf tea and cool water to mason jar, stir to combine.
2. Seal mason jar and place in refrigerator for 12 hours.
3. When ready to serve, strain the loose-leaf tea into pitcher.
4. Stir in honey and add lemon slices.

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We are part of Independent Natural Food Retailers Association (INFRA), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Independent Choice specials are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.net.

FLORIDA

- Abby's Health & Nutrition
- Date & Thyme
- Debbie's Health Foods
- Food for Thought
- Get Healthy
- Grassroots Natural Market
- Mother Earth Natural Foods
- Nassau Health Foods
- Native Sun
- Natural Foods Market
- Nature's Food Patch
- Nutrition Smart
- Nutrition World
- Peggy's Natural Foods
- The Green Apple Health Foods
- Wright's Natural Market

GEORGIA

- Brighter Day Natural Foods
- Farmer's Natural Foods
- Nature's Corner Market
- Nature's Pick Market
- Nuts 'n Berries Healthy Market
- Westview Corner Grocery

NORTH CAROLINA

- Apple Crate Natural Market
- Food Matters Market
- Harmony Farms Natural Foods
- Living Well Down East
- Lovey's Market
- Nature's Own
- Organic Marketplace
- West Village Market & Deli

SOUTH CAROLINA

- 14 Carrot Whole Foods
- Bay Naturals
- Belue Farms
- Natural Foods Market
- Rosewood Market & Deli
- Swamp Rabbit Cafe & Grocery

TENNESSEE

- Grubb's Grocery
- The Turnip Truck
- Natural Market

