

Proud member of



INDEPENDENT CHOICE

May 2021

"Alone, we can do so little; together, we can do so much."
— Helen Keller



Late July
Organic Restaurant
Style Tortilla Chips

2/\$6

11 oz



Dr. Bronner's
Regenerative Organic
Coconut Oil

\$7⁷⁹

14 oz



Simple Mills
Almond Flour
Crackers

\$3⁴⁹

4.25 oz



Food For Life
Organic Ezekiel 4:9® Bread
(selected varieties)

\$4⁴⁹

24 oz



Primal Kitchen
Mayo with
Avocado Oil

\$6⁴⁹

12 oz



Larabar
Fruit & Nut Bar
(selected varieties)

5/\$5

1.6-1.8 oz



Organic Valley
Organic Shredded Cheese

\$3⁷⁹

6 oz



Beyond Meat
Beyond Sausage

\$6²⁹

14 oz



Coconut Bliss
Organic Plant-Based & Dairy-Free
Frozen Dessert

\$4⁹⁹

1 pt



Santa Cruz Organic
Organic Lemonade
(selected varieties)

2/\$4

32 oz



Justin's
Organic Nut
Butter Cups
(selected varieties)

2/\$3

1.4 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of May.



Bionaturae is an organic Italian food brand that was brought to the American market in 1995. We are passionate about organic farming and traditional Italian cooking. We believe the key to the best products comes from simple ingredients and traditional production methods.

**Bionaturae
Organic Strained
Tomatoes**

\$2⁹⁹
24 oz



**Bionaturae
Organic Tomato
Paste**

\$1⁹⁹
7 oz



**Wild Planet
Albacore Wild Tuna**



\$3⁷⁹
5 oz

**Annie's
Mac & Cheese
(selected varieties)**



5/\$5
5.25-6 oz

**Annie's
Organic Dressing
(selected varieties)**

2/\$6
8 oz



**Annie's
Organic Ketchup**

\$2⁷⁹
24 oz



**Maya Kaimal
Organic Everyday Dal**



\$3²⁹
10 oz

**A. Vogel
Organic Herbamare
Sea Salt**

\$5²⁹
8.8 oz



**Napa Valley Naturals
Organic Extra Virgin
Olive Oil**

\$8⁹⁹
25.4 oz



**California Olive Ranch
Extra Virgin Olive Oil
(selected varieties)**



\$6⁹⁹
16.9 oz

**Kettle
Potato Chips
(selected varieties)**

\$2²⁹
5 oz



**Boulder Canyon
Potato Chips
(selected varieties)**

\$2²⁹
5.25-6.5 oz



**Annie's
Organic Snack Mix**



2/\$7
9 oz

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**Crunchmaster
Multi-Seed Crackers**
(selected varieties)

2/\$5
4 oz



**Garden of Eatin'
Taco Shells**

\$2⁷⁹
5.5 oz



**Siete
Grain Free Tortilla Chips**
(selected varieties)

\$3⁴⁹
5 oz



**Siete
Grain Free Tortillas**
(selected varieties)

\$6⁴⁹
8 ct

We are a Mexican-American family brand, rooted in family, that makes delicious grain free products. We wish to bring families together around the table with heritage-inspired foods made from simple, clean ingredients, that everyone can gather around and enjoy.

**gimMe Organic
Organic Seaweed Snack**
(selected varieties)

2/\$3
.32-.35 oz



**GoMacro
Organic MacroBar**

2/\$4
2-2.4 oz



**Clif Bar
Energy Bar**
(selected varieties)

5/\$5
2.4 oz



**Crofter's Organic
Organic Premium Spread**
(selected varieties)

\$3⁹⁹
16.5 oz



**Nature's Bakery
Whole Wheat Fig Bar**

59¢
2 oz



Organic Dried Fruit
(selected varieties)

\$3²⁹
5-7 oz



**Barbara's
Cereal**
(selected varieties)

2/\$7
8-15 oz



**Purely Elizabeth
Granola**
(selected varieties)

\$5²⁹
8-12 oz



**Alter Eco
Organic Truffles**

59¢
1 piece



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Theo
Organic Chocolate Bar
(selected varieties)

2/\$5

3 oz



Chocolove
Chocolate Bar
(selected varieties)

2/\$4

3.1-3.2 oz



Easy Chocolate Truffles

Makes about 24 truffles

8 oz dark chocolate

½ c heavy cream

¼ c cocoa powder

1 tsp vanilla extract

Chop the chocolate and transfer it to a large, heat-proof bowl. Set aside. Pour heavy cream into a small saucepan and bring to a simmer over low-medium heat. Pour the cream over the chocolate, stirring until smooth. Then, stir in the vanilla extract. Cover and refrigerate for 1 hour or until set. Using a spoon, scoop out a small portion of the chocolate mixture and form into a small ball by rolling between clean hands. Repeat until all of the mixture has been utilized. Arrange the balls on a baking sheet or plate and refrigerate for 30 minutes. Roll again between hands to create smooth truffles. For a more elegant finish, roll the truffles in the cocoa powder. Enjoy!



Navitas
Organic Cacao Powder

\$5⁹⁹

8 oz



Nutpods
Dairy-Free Creamer
(selected varieties)

\$2²⁹

11.2 oz



Honest Tea
Organic Iced Tea
(selected varieties)

4/\$5

16 oz



R.W. Knudsen
Organic Just Tart
Cherry Juice

\$5⁴⁹

32 oz



Lakewood
Organic Pure
Cranberry Juice

\$7⁴⁹

32 oz



Essentia
Alkaline Water

\$1⁵⁹

1 liter



The Mountain Valley
Spring Water

\$1⁵⁹

1 lt



San Pellegrino
Sparkling Natural
Mineral Water

2/\$3

750 ml



Topo Chico
Sparkling Mineral Water

99¢

12 oz



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**Nixie
Organic Sparkling Water**



\$3⁹⁹

8 ct

**C2O
Coconut Water**



\$2⁹⁹

33.8 oz

**Vita Coco
Coconut Water**



\$2⁷⁹

1 lt

**Harmless Harvest
Organic Coconut Water**



\$3⁹⁹

16 oz

**Health-Ade
Organic Kombucha
(selected varieties)**



2/\$5

16 oz

**Califia Farms
Oat Barista Blend**



\$3⁷⁹

32 oz

**Ripple
Plant-Based Milk
(selected varieties)**



\$3⁷⁹

48 oz

**Silk
Almondmilk
(selected varieties)**



\$3⁹⁹

64 oz

**So Delicious
Coconutmilk Yogurt
Alternative
(selected varieties)**



2/\$3

5.3 oz

**Perfect Bar
Protein Bar
(selected varieties)**



2/\$4

2.2-2.5 oz

**Bubbies
Sauerkraut**



\$5⁹⁹

25 oz

**Lightlife
Organic Tempeh**



\$2²⁹

8 oz

**Peanut
Butter
Refuel
Smoothie**

1 frozen banana
handful of ice
3 T cold brew concentrate
¼ c milk or non-dairy alternative
2 T peanut butter
3 dates

Add ingredients to blender.
Blend and enjoy!

JOIN THE MOVEMENT BEYOND THE MARKET

Fair trade is more than just a label on a chocolate bar or a bag of coffee. **FAIR TRADE IS A MOVEMENT BY AND FOR SMALL-SCALE FARMERS.**

This World Fair Trade Day, honor the work of small-scale farmers and artisans. Listen to their stories on the new podcast, **FOR A BETTER WORLD.**

Streaming everywhere podcasts are available and at FairWorldProject.org/Podcast.



**Field Roast
Plant-Based Sausages**
(selected varieties)



\$4²⁹

12.95 oz

**JUST
Plant-Based Egg
Scramble**



\$3⁹⁹

12 oz

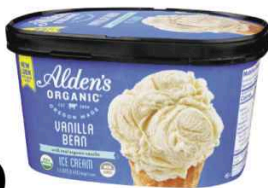
**Vital Farms
Pasture-Raised Large Eggs**



\$4⁷⁹

12 ct

**Alden's Organic
Organic Ice Cream**



\$6²⁹

48 oz

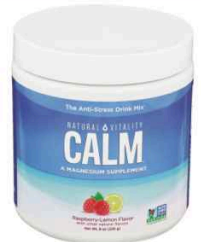
**Vibrant Health
Green Vibrance**



\$42⁹⁹

11.92 oz

**Natural Vitality
Natural Calm**
(selected varieties)



\$14⁴⁹

8 oz

**Nordic Naturals
Nordic Berries**



\$18⁹⁹

120 ct

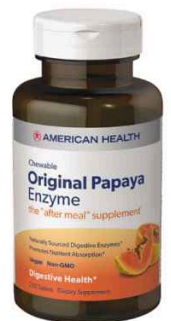
**Solgar
U-Cubes™ Children's
Vitamin C Gummies**



\$8²⁹

90 ct

**American Health
Original Papaya
Enzyme Chewable**



\$5⁷⁹

250 tab

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**Himalaya
Organic Ashwagandha**

\$13⁴⁹

60 caplets



**American Health
Ester-C® 1000 mg with
Citrus Bioflavonoids**

\$18⁹⁹

90 cap



**Natural Factors
WellBetX® Berberine
500 mg**

\$19⁹⁹

60 vcap



**Oregon's Wild Harvest
Organic Astragalus**

\$11⁹⁹

90 ct



**Garden of Life
Dr. Formulated
Probiotics Once
Daily Men's or
Women's**

\$24⁹⁹

30 cap



**Renew Life
Ultimate Flora
Women's Care
Probiotic 90 Billion**

\$37⁴⁹

30 ct



**MegaFood
Women Over 40™
One Daily**

\$30⁹⁹

60 tab



**Nature's Way
Alive!® Once Daily Ultra
Potency Multivitamin**

\$15⁹⁹

60 tab



**Jarrow Formulas
Saccharomyces
Boulardii + MOS**

\$18⁹⁹

90 vcap



**Rainbow Light
Men's or Women's
One Multivitamin**

\$15³⁹

60 tab



**Dr. Bronner's
All-One Toothpaste**

\$4⁴⁹

5 oz



**Jason
Powersmile Whitening
Powerful Peppermint
Toothpaste**

\$3⁷⁹

6 oz



**Andalou Naturals
1000 Roses Cleansing
Foam**

\$9²⁹

5.5 oz



**Badger
Clear Zinc Sunscreen
(selected varieties)**

\$11⁹⁹

2.9 oz



**Giovanni
Shampoo or Conditioner
(selected varieties)**

\$5⁴⁹

8.5 oz



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