



Your Herbal Source Since 1978...

**Happy
Thanksgiving
From Brighter
Day Natural
Foods!**

November 2019

PLUS
+CBDoil

All Products on Sale!

20% Off MSRP



gaia® | plant
HERBS intelligence.™

All Products on Sale!

**20-30%
Off MSRP**



NUTRIGOLD

**25% Off MSRP
On All Multis**

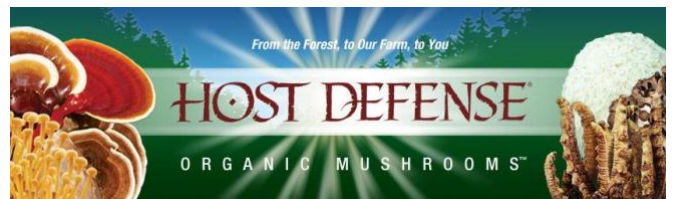


All Products on Sale!
20% Off MSRP



• CoQ10 & Ubiquinol • BioSil
• Whole Earth & Sea Multis • All WomenSense

Stress: MagSense • Tranquil Sleep
• Pharma Gaba • Suntheanine
• Calmbiotic **Joint:** All CurcuminRich
• Celedrin • OsteoMove **Digestive:** Low FODMAP • Ginger Chew • CranRich Org
Immune: Quercetin • Oil of Oregano



25% Off MSRP
Stress Management
Mushroom Ext & Caps:
CordyChi, Maitake, Reishi
& More

<https://hostdefense.com>
<https://fungi.com>



A Feast of Savings! at Brighter Day Natural Foods

Supplements - Page 2



20% Off MSRP

All Products!

- ▲ Extreme Edge Sport Products
- ▲ Simply Calm & Simply Energy
- ▲ Whey Protein Isolate ▲ All Herbs
- ▲ Liquid Cal-Mag ▲ More



Pure and Great Tasting Omega Oils

25% Off MSRP

- Algae Omega • Arctic Cod Liver Oil in Liquid & Caps • Marine Collagen • Nordic Berries • Omega-3 Gummies • Omega Curcumin • Ultimate+CoQ10

Terry Naturally/Europharma

15% Off MSRP



Curamed

60 count sizes in
375 mg & 750 mg

OPC's 3 potencies

150, 300 & 400 mg



Trusted global brand since 1973

30-40% Off MSRP

Selected Best Sellers

- Berberine 500 • Calcium Citrate
- All CBD • Fermented Chaga
- Fermented Lion's Mane • Milk Thistles
- Magnesium Citrate • Magnesium Glycinate • All Microbiome Probiotics
- Cranactins • Super Cranactin
- d-Mannose & Cranactin • Fermented Reishi • Turmeric • Vit C



WELLNESS SINCE 1930

20% Off MSRP
Seasonal Products

- ◆ StressCare ◆ PartySmart
- ◆ GlucoCare ◆ Ashwagandha
- ◆ Gymnema ◆ Bitter Melon



The 3 Fruits of Triphala

Good Health Begins with Healthy Digestion!

Brighter Day Natural Foods Market

November Supplements - Page 3

URBAN MOONSHINE[®] ORGANIC HERBAL APOTHECARY

Digestive Bitters at Every Holiday Table!

25% Off MSRP



Primordial Chocolates from Host Defense



25% Off MSRP

All Vegan & Organic

- Premium Dark Chocolate
- Mushroom Mycelium • Coconut Sugar



Serve Herbal Teas for the Holidays!



Ask. We'll tell you our favorites...

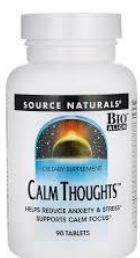


Probiotics & Enzymes

20% Off MSRP



25-30% Off MSRP
Stress – Sleep – Immunity



- ▲ Wellness Formulas
- ▲ Essential Enzymes
- ▲ Hi Stress B&C
- ▲ Calm Thoughts
- ▲ L-Theanine ▲ Gaba
- ▲ Seditol ▲ Ultra Mag



25-30% Off MSRP
Digestive – Immune



- Reflux Rescue • Old Indian Syrup • Loquat Syrup • Grape Bitters
- Digestive Comfort
- Essential Bowel
- Triphala & More



Look in Bulk Section for Healthy Snacks

More November Sales from Brighter Day Natural Foods – Page 4

Serving Savannah Since 1978

The Freshest Dried Herbs & Spices for the Holidays!



Allspice, Cardamom, Cayenne, Cinnamon, Cloves, Coriander, Cumin, Curry Powder, Dill, Ginger, Nutmeg, Oregano, Peppercorns, Rosemary, Sage, Turmeric
Plus... Frankincense & Myrrh

Amazing Grass 20-35% Off MSRP Holiday Flavors & Proteins

- Holiday Cookie • Chocolate Peanut Butter • Vanilla • Original
- Chocolate Peppermint



RAW, ORGANIC PLANT-BASED PROTEIN



**25% Off
MSRP**

Serving Size = 20 Grams of Protein



25% Off MSRP
**100% Organic & Fermented
Greens & Protein & Greens**



• Frangiosa Farms Original •
**COLORADO
HEMP HONEY™**
BEE CALM BEE RESTED BEE HAPPY

15% Off MSRP
6 -oz Jars Only



Try Our Local Honey!
Support Our Beekeepers...



Enjoy this gift from nature!